

## Speaker Bio

**Allie Bowling** is *The Speaker With a Mind for Business and a Mouth for Humor*. She shows people how to add humor into their work/life activities to maximize their professional and personal relationships. She presents high-content programs, in a down-to-earth manner, on topics that articulate today's timely business issues. She delivers her message through stand-up comedy, anecdotal stories and most importantly *real-life* business experience. She specializes in customer/relationship development, maximizing interpersonal communication skills, and the "work/life-balancing act". Her audiences walk away with practical ideas to use today! Her programs have been developed from 25 years of experience—from restaurant development and ownership—to membership promotion for several national, non-profits. She holds a B.A. in Business Administration and a Ph.D. from the school of hard knocks. She is a member of the National Speakers Association and was awarded the Showcase Award for Outstanding Platform Skills by the Washington, DC Chapter. She is a member of the Association for Applied and Therapeutic Humor. Her point of view has entertained audiences from the IRS to The Improv. To learn more about Allie Bowling, visit her websites at [www.AllieBowling.com](http://www.AllieBowling.com) and [www.GutsGraceandGusto.com](http://www.GutsGraceandGusto.com)